



NJ 工作者

现在有权享受带薪病假。全职，兼职和临时工符合法律资格。

利用生病的时间照顾自己或家人 - 家庭的定义是慷慨的：

- 用于身体/精神疾病或保健护理
- 应对家庭暴力或性暴力
- 参加您孩子所在学校的会议

工人每工作 30 小时可获得 1 小时的病假，每年最多可达 40 小时。

你的雇主惩罚你使用你已经获得的病假，或者让你找到替代你的班次是违法的。除非连续超过 2 天，否则您的雇主不得要求记录。

想了解更多，可访问 mysickdays.nj.gov

有关其他权利和福利的信息，请访问 nj.gov/labor



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NJ Workers

Now have the right to paid sick time. Full-time, part-time and temporary workers are eligible under the law.

Use sick time to care for yourself or a family member – the definition of family is generous:

- for physical/mental illness or wellness care
- to cope with domestic or sexual violence
- to attend a meeting at your child's school

Workers earn **1 hour of sick leave** for **every 30 hours they work**, up to 40 hours per year.

It's against the law for your employer to punish you for using sick leave you've earned, or to make you find a replacement for your shift. Your employer may not ask for documentation unless it's more than 2 days in a row.

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